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| VHS Cross Country Records | | |
| | | |
| GIRLS | | |
| 2005 | State | 8th |
| | | |
| Best Individual Times | | |
| 1 | Charity Miles | 14:47 |
| 2 | Mica Schuchardt | 15:41 |
| 3 | Kim Otte | 16:05 |
| 4 | Laura Miller | 16:27 |
| 5 | Emily Hollopeter | 16:36 |
| 6 | Chelsea Boyd | 16:37 |
| 7 | Alena Arendt | 16:48 |
| 8 | Roni Graham | 16:57 |
| 9 | Miranda Lurz | 17:10 |
| 10 | Laura Hamling | 17:19 |
| | | |
| BOYS | | |
| 2005 | District Champs | |
| 2005 | State | 4th |
| | | |
| Best Individual Times | | |
| 1 | Tyson Billings | 16:33 |
| 2 | Beau Billings | 16:37 |
| 3 | Kris Krueger | 17:42 |
| 4 | Sam Krzyzanowski | 17:56 |
| 5 | Travis Harvey | 17:57 |
| 6 | Paul Simmons | 18:08 |
| 7 | Doug Hesse | 18:15 |
| 8 | Jake Ocampo | 18:30 |
| 9 | Robert Froning | 18:43 |
| 10 | March Prasch | 18:54 |